lhe Scoop Happenings from Howell Plaza Shopping Center



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Ready for Summertime Celebrations?

June 6th **National** Gardening **Exercise Day**

Roll up those sleeves, don the shorts and get gardening on this special day. Not that you need an excuse to enjoy the great outdoors, but what a way to exercise while beautifying your lawn and gardens.



photo: Elizabeth I. Cash



Howell Plaza welcomes Edward Licciardi of Central Jersey Tax Services and Farmers Insurance-Edward Licciardi Agency. These two new businesses are conveniently located next door to the U.S. Post Office.

Stop by for a free consultation or call for tax help at **(732) 364-9090** or with insurance inquiries at (732) 987-9003.

June 24th Is Take Your Dog to Work Day!

Dogs offer a great way to de-stress at work! It's also a sure-fire way to boost morale, too!



photo: Emily-Steffen

Celebrate **National Hot Dog** Month in **July**



DID YOU KNOW...

The average American eats 50 hot dogs every year?

Wrap 'em up in pretzel dough at **Philly Pretzel Factory** or have 'em served sliced on a baseball-inspired pizza at Nonno's Pizzeria.

Find what you're looking for at Howell Plaza

ATLANTIC PHYSICAL THERAPY . BOB'S SPORTS CARDS & MEMORABILIA . CENTRAL IERSEY BLOOD CENTER . CENTRAL IERSEY TAX SERVICES • COSMOPROF • CPR CELL PHONE REPAIR • EDIBLE ARRANGEMENTS • FARMERS INSURANCE-EDWARD LICCIARDI AGENCY • HOWELL ACADEMY OF DANCE • HOWELL KITCHEN • JEENA JAY • KING OF BAGELS • LESLIE'S POOLMART • NAIL TECH NIRI BARBER SHOP • NONNO'S PIZZERIA • PRECISION FAMILY HAIR CARE • RK PRETZEL DELIGHTS • SEARS HARDWARE AND APPLIANCE • SHORE SUDS LAUNDROMAT • SWEET MUSIC ACADEMY • US POST OFFICE • WINE-O-LAND

Secrets of the Trade



Behind-the-Scenes with Yong Chen, Owner/Chef of Howell Kitchen

ailing from Fujian, China, Howell Kitchen owner, Yong Chen brings authentic Cantonese cuisine to his restaurant in Howell Plaza Shopping Center. After years of training by a Hong Kong chef, Yong arrived to the U.S. in 1993. He spent time in Alabama, Kansas City and Upstate New York, cultivating his restaurant experience. By 2013, he and his wife, Kandy, were ready to take on a restaurant of their own.

The husband and wife duo have shared responsibilities at Howell Kitchen, however Yong is the master chef when it comes to preparing the wide variety of sauces used in their made-to order fresh food. Kandy, with her big smile, provides the great customer service.

In addition to their popular dishes like General Tso Chicken and Chicken with Broccoli, Howell Kitchen makes an array of filled dumplings that are among take-out favorites.

THE INSIDE SCOOP TO MAKING THE PERFECT DUMPLINGS:

- Save Time with Store-Bought Wrappers: already-prepared wrappers work great with a variety of fillings and can be fried or boiled easily.
- **Give it a Fine Chop**: prevent veggie or other fillings from poking through by cutting them small.
- **Avoid Dumpling Disasters**: remove excess moisture from the filling mixture, and don't overstuff the wrapper.
- From Pot to Plate: Bring a pot of water to a slow boil and gently slip each dumpling in. Once the water returns to a simmer, cook the dumplings for 10 minutes. Remove each carefully using a slotted spoon. Either eat as is or fry in hot oil for a minute or two until crispy. Serve with your favorite dipping sauce.



To read the entire article, visit www.HowellPlaza.com.

Don't feel like cooking? Howell Kitchen offers great lunch specials, including soup or egg roll or soda and vegetable fried rice, starting from \$5.65. There's FREE delivery all day with a \$12.00 minimum purchase. Give Yong and Kandy a call at (732) 370-7800.



July 1st
National Postal Workers Day
Drop by the U.S. Post Office
at Howell Plaza to share some
appreciation for its team's
hard work!