

OFF-TO-COLLEGE TIPS



- **Stay in-touch.** Make sure students are prepared with phone chargers, protective cases and other essential accessories, including hands-free devices if they are driving.

Check out CPR Cell Phone Repair!
Visit or call Chris at (732) 534-9965
www.cellphonerepair.com/howell-nj

- **Launder the New Laundry.** New dorm room bed sheets and comforters should be washed prior to use to remove chemical residue that remains on the fabric before it comes into contact with sensitive skin. The same applies to new back-to-school clothes.

Chrissy, Josephine and Sally at Shore Suds Laundromat will make the chore simple by washing & folding for you. (732) 363-8558

- **Review Insurance Policies.** Does your personal health insurance policy and homeowners coverage cover your college-aged child? What about laptop theft?

Stanberry Insurance can assess your current policies. (732) 367-6680 or www.stanberryinsurance.com

- **An Ounce of Prevention.** Take your child for a health check-up and fill any prescriptions ahead of time. Also, identify doctors, local hospitals and health centers near your child's school campus in case of an emergency.

- **Team Spirit Basics.** For your sports enthusiast, an oversized fleece blanket emblazoned with his or her #1 sports team logo is a cozy way to study in bed!

Bob's Sports Cards and Memorabilia has loads of NFL, NBA and MLB team items. Call Bob at (732) 942-0500

- **Save \$ on Textbooks.** Ask the school for a textbook list and save money by shopping online. There are lots of sites like www.directtextbook.com that can help.

- **Special Delivery.** Share a bit of home with a care-package. Include toiletries, silly stuff and some favorite treats like cookies and yummy bagels.

King of Bagels can ship any of its 24 varieties of bagels, including French toast, jalapeño and blueberry, anywhere in the country. Call Sam at (732) 534 9658

Find what you're looking for at Howell Plaza

ATLANTIC PHYSICAL THERAPY • BOB'S SPORTS CARDS & MEMORABILIA • CENTRAL JERSEY BLOOD CENTER • COSMOPROF
CPR CELL PHONE REPAIR • EDIBLE ARRANGEMENTS • HOWELL ACADEMY OF DANCE • HOWELL KITCHEN
JEENA JAY • KING OF BAGELS • LESLIE'S POOLMART • NAIL TECH • NIRI BARBER SHOP • NONNO'S PIZZERIA
PRECISION FAMILY HAIR CARE • RK PRETZEL DELIGHTS • SEARS HARDWARE AND APPLIANCE • SHORE SUDS
LAUNDROMAT • SLEEPY'S • SWEET MUSIC ACADEMY • STANBERRY INSURANCE • US POST OFFICE • WINE-LAND

Route 9 South at Aldrich Road.
4010-4164 US 9, Howell NJ

UPDATE YOUR STYLE FOR GREAT FIRST IMPRESSIONS



Assess what to change. Take note of yourself, from hair and posture right down to those favorite sweat pants. Prioritize what changes you can make easily and inexpensively.

Free consultations. Go to the salon experts to find the best new hair color and cuts that fit your lifestyle.

**Call for a free consultation at Precision Family Haircare
Monday – Wednesday; (732) 370-8134**

Men - your hands get noticed too. Nicely manicured fingers on men and women make a subtle impression.

**Nail Tech professional specialists can help your hands and feet
get into shape. (732) 905-4448**

Make-up tricks. Dark circles? Try slightly lighter than skin-tone concealer under and in the inner corners of your eyes to look bright and fresh. Correct over-plucked brows with short strokes of closely matched brow pencil. Shiny gloss adds fullness to your lips.

Trim that beard. Facial hair should enhance a man's appearance. A professional trim keeps it looking neat and groomed -- an essential for any social or professional situation.

**Niri Barber Shop will keep you looking sharp.
(732) 367-6111**

Your clothes project a message of who you are. Shop in your own closet and strategize with the first in/last out concept to maximize wardrobe variety. New accessories for women and ties for men can make a classic look fresh and fun.

Visit your dentist. Nothing makes a great first impression better than a healthy white smile. Find out about fast and easy techniques to brighten your toothy grin.

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